

● DATE & PRICE

August 21 – 24, 2025

Thursday, 5 p.m. –

Sunday, 2 p.m.

Fee 550 €,

plus room and board.

Place, registration:

ZIST Penzberg No. 250832

● Anreise nach ZIST

Anreise Informationen scannen:



Falls Sie ein Taxi benötigen:

Taxi Zanker: +49-8856-2270 oder +49-172-8307339

Taxi Murat: +49-8856-8690576 oder +49-176-31756445



ZIST ist ein Institut für persönliche und berufliche Fortbildung zur Entwicklung menschlicher Kompetenz durch Selbsterfahrung in Krisenhilfe, Wegbegleitung und Psychotherapie vor dem Hintergrund der Humanistischen Psychologie und ist zudem Sitz der *ZIST Akademie für Psychotherapie*.

ZIST liegt in herrlicher Alleinlage im bayerischen Voralpenland in der Nähe von München.

Das Programmangebot von ZIST umfasst



SELBSTERFAHRUNG

- Workshops zur Selbsterfahrung in den Bereichen Persönliches Wachstum, Beziehungen, Gesundheit, Kreativität und Spiritualität.



FORT-, WEITER- UND AUSBILDUNG

- Workshops zur Fortbildung und
- längere Fort-, Weiter- und Ausbildungen in tiefenpsychologisch fundierten, potentialorientierten und Spiritualität integrierenden Verfahren.



ZIST AKADEMIE FÜR PSYCHOTHERAPIE

- Ausbildung zu Psychologischen Psychotherapeuten (m/w/d) an der staatlich anerkannten *ZIST Akademie für Psychotherapie*.



WEITERE ANGEBOTE

- Vorträge von namhaften Referenten und Dozenten (jeweils m/w/d).
- Schnuppertage.

ZIST gemeinnützige GmbH

Zist 1 | 82377 Penzberg

E-Mail info@zist.de

Telefon **+49-8856-93690**

www.zist.de | www.zist-akademie.de | Facebook



Reinhard Flatischler
and Anna-Maria Flatischler

55 HOURS OF TAKETINA NONSTOP

An anniversary workshop like no other



CREATIVITY

Course language: English

AUGUST 2025

55 HOURS OF TAKETINA NONSTOP

● DESCRIPTION

TaKeTiNa celebrates its 55th anniversary, and Reinhard Flatischler turns 75 – a double occasion to immerse yourself in the world of rhythm and celebrate! To honor these milestones, Reinhard and Anna-Maria Flatischler have crafted an extraordinary event: 55 hours of nonstop TaKeTiNa Celebration

Due to the unique nature of this workshop, we are sharing a personal invitation from Reinhard and Anna-Maria to accompany the course description:

This special workshop will take place in ZIST, a place that has profoundly shaped the evolution of TaKeTiNa. In this remarkable setting, we invite you to step into a continuous rhythm field, co-created by Reinhard, Anna-Maria, and their guests.

55 hours of nonstop TaKeTiNa offer a rare opportunity to delve deeply into the realms of rhythm and consciousness. The continuous rhythm journeys guide you through a spectrum of states: from meditative immersion, through phases of heightened presence, to moments of profound relaxation and clarity.

This extended TaKeTiNa experience strengthens powerful inner processes, unlocking blockages and accessing deep, unconscious layers. It's a transformative journey through rhythm, opening doors to profound self-awareness and growth far beyond the everyday.

You have the freedom to choose how intensively you participate, with the flexibility to join or step away from the rhythm field as needed. This dynamic flow allows you to align with your own rhythm and tailor the experience to your personal needs.

Whether you are new to TaKeTiNa or already have years of experience, these 55 hours offer a unique opportunity to connect with rhythm and yourself on a profound level.

Join us in celebrating the fullness of life and rhythm as we honor this double anniversary!

● BIOGRAPHIES



Reinhard Flatischler was born in 1950 in Vienna and completed his studies at the Vienna University of Music before spending years studying drumming and percussion with master drummers around the world. In 1970, he founded the TaKeTiNa Rhythm Pedagogy. Through more than 25 training programs in Europe, the USA, Australia, and Brazil, he has trained over 400 TaKeTiNa rhythm teachers. He is a composer and the founder of the legendary group *MegaDrums*, which brought together some of the world's finest percussionists, including Zakir Hussain, Airto Moreira, Glen Velez, Leonard Eto (KODO), Samulnori, and Milton Cardona. In collaboration with Johnny Bertl, Flatischler created a new style of symphonic orchestral music with *TaKeTiNa Symphonic*. Flatischler's unique work bridges the fields of music, education, therapy, performance, and meditation. He is the author of four books and the composer/producer of eight award-winning albums, which have become bestsellers in the field of rhythm-oriented music.
www.taketina.com



Anna-Maria Flatischler is a TaKeTiNa Rhythm Teacher in Master Training and co-leads training programs in Europe and Brazil alongside Reinhard Flatischler, as well as the Rhythm Therapy advanced training in Nürnberg. She has studied flute, music pedagogy, music mediation, and chamber music, and brings over 20 years of teaching experience at music schools and universities. As an information designer and managing director of TaKeTiNa Online, she works at the intersection of music, education, and design. Her expertise is further enriched by numerous advanced courses in hypnotherapeutic communication at the Milton Erickson Institute, as well as vocal workshops with Lisa Sokolov, Daniel Prieto, and in the Complete Vocal Technique.
www.taketina.com

